

“Preparing for Your Joint Replacement”

CLASS SCHEDULE 2008



To register, please call 4-Health (614-443-2584) or (800-837-7555) and ask to be scheduled for the “Total Joint Pre-Op Class.”

Registration is required and limited to one guest per patient due to limited seating.

We encourage you to register as soon as your surgery date has been scheduled - classes fill quickly!

DATE	TIME
Wednesday, November 28, 2007	10 - 12 NOON
Monday, December 03, 2007	2 - 4:00 PM
Wednesday, December 05, 2007	10 - 12 NOON
Monday, December 10, 2007	5 - 7:00 PM
Wednesday, December 12, 2007	10 - 12 NOON
Monday, December 17, 2007	2 - 4:00 PM
Wednesday, December 19, 2007	10 - 12 NOON
Wednesday, January 02, 2008	10 - 12 NOON
Monday, January 07, 2008	2 - 4:00 PM
Monday, January 07, 2008	5 - 7:00 PM
Wednesday, January 09, 2008	10 - 12 NOON
Monday, January 14, 2008	2 - 4:00 PM
Wednesday, January 16, 2008	10 - 12 NOON
Monday, January 21, 2008	2 - 4:00 PM
Wednesday, January 23, 2008	10 - 12 NOON
Monday, January 28, 2008	2 - 4:00 PM
Wednesday, January 30, 2008	10 - 12 NOON
Monday, February 04, 2008	2 - 4:00 PM
Monday, February 04, 2008	5 - 7:00 PM
Wednesday, February 06, 2008	10 - 12 NOON
Monday, February 11, 2008	2 - 4:00 PM
Wednesday, February 13, 2008	10 - 12 NOON

DATE	TIME
Monday, February 18, 2008	2 - 4:00 PM
Wednesday, February 20, 2008	10 - 12 NOON
Monday, February 25, 2008	2 - 4:00 PM
Wednesday, February 27, 2008	10 - 12 NOON
Monday, March 03, 2008	2 - 4:00 PM
Monday, March 03, 2008	5 - 7:00 PM
Wednesday, March 05, 2008	10 - 12 NOON
Monday, March 10, 2008	2 - 4:00 PM
Wednesday, March 12, 2008	10 - 12 NOON
Monday, March 17, 2008	2 - 4:00 PM
Wednesday, March 19, 2008	10 - 12 NOON
Monday, March 24, 2008	2 - 4:00 PM
Wednesday, March 26, 2008	10 - 12 NOON
Monday, March 31, 2008	2 - 4:00 PM
Wednesday, April 02, 2008	10 - 12 NOON
Monday, April 07, 2008	2 - 4:00 PM
Monday, April 07, 2008	5 - 7:00 PM
Wednesday, April 09, 2008	10 - 12 NOON
Monday, April 14, 2008	2 - 4:00 PM
Wednesday, April 16, 2008	10 - 12 NOON
Monday, April 21, 2008	2 - 4:00 PM
Wednesday, April 23, 2008	10 - 12 NOON

Classes are located at the
Ohio Orthopedic Center of Excellence
4605 Sawmill Road
Upper Arlington, Ohio 43220

We encourage you to bring the Patient Education Guide/ Guide to Recovery with you to class.