

# Custom Orthotics

Our custom orthotics are designed based on an in-depth analysis of your biomechanics and consultation with your physician. Our highly trained Physical Therapists, who specialize in foot and ankle biomechanics, will develop the best custom orthotic solution for your active lifestyle. You will have your custom orthotics back in about one week.

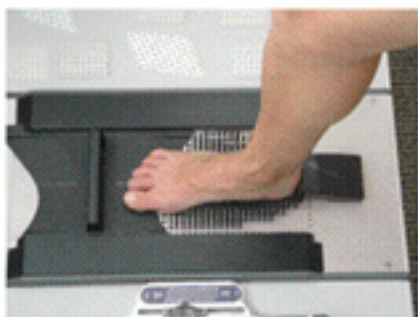
Ohio  
Therapy Institute

Ohio  
Foot & Ankle  
Institute

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[www.ohio-ortho.com](http://www.ohio-ortho.com)

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**Your first appointment will last 60 minutes and will include:**

- Physical Therapy Evaluation
- Biomechanical Evaluation
- Shoe Consultation
- Digital Foot Mapping
- Orthotic Fabrication

You will return for an appointment in about a week to get your custom orthotics. This appointment will last about 30-45 minutes and will include custom modification and fitting of your orthotics. You will need to bring the shoes that your physician/physical therapist recommended to this follow-up appointment.



We will work with you to make a pair of custom orthotics that will help to decrease your pain. We will also help you to choose the appropriate type of shoe for your feet and lifestyle. You will see a physical therapist that will evaluate your feet and biomechanics prior to making your orthotics. We use a digital process that allows us to make the best orthotic for your needs.